

*Supporting
individuals
in crisis through
short-term grants*



St Monica Trust

Charitable Impact

Giving support for over 100 years

If you or someone you know meet the following criteria we may be able to help:

The St Monica Trust **Charitable Giving team** provides short-term grants to help people to live independently in their own communities for as long as possible.

We can provide short-term grants to help fund essential items or by supporting people through financial crisis.

- Have a physical disability, long-term physical health problem, or mental health problem
- Live in Bristol, South Gloucestershire, North Somerset or Bath and North East Somerset
- Aged 50 or over



Apply online at

<https://www.stmonicastrust.org.uk/charitable-impact/charitable-giving>
or call the office on

0117 949 4003.

What is a Short-Term Grant?

A short-term grant is a monthly payment of £140 to help you through a crisis such as sudden loss of income, death of a partner or extra costs associated with certain medical treatments, e.g. chemotherapy. A short-term grant can also help towards purchase of essential items. This is usually awarded for an average of three to six months.

All requests have to be made through an application form. You can complete the form online or phone us to request a paper copy.

You have supported people we have referred when they literally have no one else to turn to and have impacted their life in such a positive way, it's nothing short of a miracle to them."

If you have any questions or require the form in an alternative format, please contact the Charitable Giving team on 0117 949 4003 or email charitableimpact@stmonicastrust.org.uk who will be happy to assist.



St Monica Trust is a registered charity which has been supporting people since 1920.

In addition to providing support to individuals, the Charitable Giving team also provides funding to organisations working with older people across the region. See our website for further details:

www.stmonicastrust.org.uk/charitable-impact