

Cost of Living SUPPORT



A list of agencies who may be able to help if you are struggling with the rising cost of living

Money Saving Expert

moneysavingexpert.com

Website offering help with the cost of living crisis including a guide about what you can do if you are struggling with energy bills and budgeting help.

moneysavingexpert.com/budgeting-debt-help

Turn2Us

turn2us.org.uk

Turn2Us is a national charity dedicated to providing vital information to individuals facing financial hardship. By entering your details, their system can electronically search their database to connect you with relevant assistance and resources.

Foodbanks

trusselltrust.org

Working to combat poverty and hunger.

0808 2082138

trussell.org.uk

BANES Food Finder

A list of food clubs and pantries offering affordable food or emergency food parcels.

www.banesfoodfinder.org.uk

Christians Against Poverty (CAP)

capuk.org

CAP offer free debt advice and other services if you are struggling with money.

0800 328 0006

Step Change

stepchange.org

Offer free, independent advice to help people deal with their debts.

0800 138 1111

MIND

mind.org.uk

Welfare benefits line for people with mental health problems who are navigating the benefits system

0300 222 5782

info@mind.org.uk

Age UK BANES

Provide free information and advice to people over 55 on a large range of topics from claiming benefits to health and well-being.

01225 466135 (option 2)

[www.ageuk.org.uk/](http://www.ageuk.org.uk/bathandnortheastsomerset/)

advice@ageukbanes.co.uk

Shelter

england.shelter.org.uk

Housing advice and support

0808 800 4444

Energy at Home

Energy saving advice and support for BANES residents.

0800 038 5680

www.energyathome.org.uk

The Matthew Trust

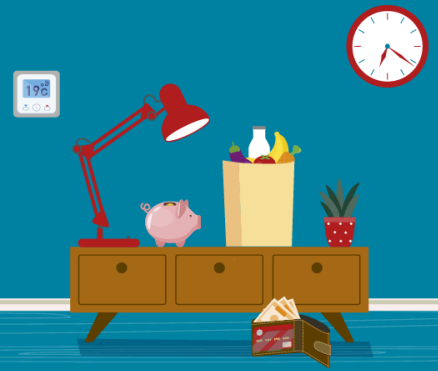
matthewtrust.org

Providing support to people who have severe mental illness.

020 7736 5976

amt@matthewtrust.org

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BANES



Gov.uk

Find out what support is available to help with the cost of living.

This includes income and disability benefits, bills and allowances, childcare, housing and travel.

www.gov.uk/cost-of-living

www.helpforhouseholds.campaign.gov.uk

Centre for Sustainable Energy (CSE)

cse.org.uk

Advice on saving money on energy bills and heating your home.

0800 082 2234

home.energy@cse.org.uk

Citizens Advice Bath & North East Somerset

citizensadvicebanes.org.uk

Offer free, confidential, impartial and independent advice.

0808 278 7897.

BANES council

For resources in finances and money visit the following council website:

livewell.bathnes.gov.uk/cost-living-support

Welfare Support

beta.bathnes.gov.uk/apply-welfare-support

Help with basic items such as food, energy costs or help with certain debts.

01225 477277

Good Things Foundation

Providing free sim cards, mobile data and devices to people who cannot afford them.

goodthingsfoundation.org



Community Wellbeing Hub

communitywellbeinghub.co.uk

A central place to access services to improve your health and well-being.

Housing Advice, BANES Council

For anyone in BANES threatened with homelessness or in need of housing advice.

01225 396 296

www.beta.bathnes.gov.uk/contact-us-housing-advice