

Cost of Living SUPPORT



A list of agencies who may be able to help if you are struggling with the rising cost of living

Money Saving Expert

moneysavingexpert.com

Website offering help with the cost of living crisis including a guide about what you can do if you are struggling with energy bills and budgeting help.

moneysavingexpert.com/budgeting-debt-help

The Matthew Trust matthewtrust.org

Providing support to people who have severe mental illness.

020 7736 5976

amt@matthewtrust.org

Step Change

stepchange.org

Offer free, independent advice to help people deal with their debts.

0800 138 1111

Foodbanks

Trussell Trust

Working to combat poverty and hunger.

0808 2082138

Christians Against Poverty (CAP)

capuk.org

CAP offer free debt advice and other services if you are struggling with money.

0800 328 0006

MIND

mind.org.uk

Welfare benefits line for people with mental health problems who are navigating the benefits system

0300 222 5782

Age UK Somerset

ageuk.org.uk/somerset

Provide free information and advice to people over 55 on a large range of topics from claiming benefits to health and well-being.

01823 345610

infoandadvice@ageuksomerset.org.uk

Turn2Us

turn2us.org.uk

Turn2Us is a national charity dedicated to providing vital

information to individuals facing financial hardship. By

entering your details, their

system can electronically

search their database to

connect you with relevant

assistance and resources.

Shelter

england.shelter.org.uk

Housing advice and support

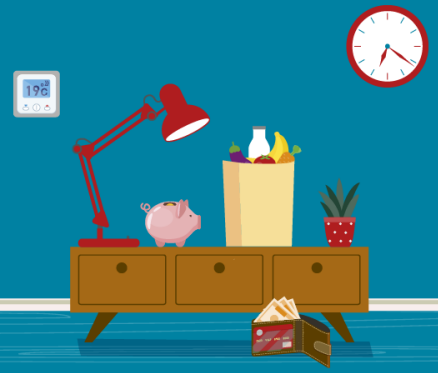
0808 800 4444

Community Living Rooms

Safe, welcoming community spaces to help keep you warm.

www.n-somerset.gov.uk/my-services/north-somerset-together/community-living-rooms-north-somerset

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NORTH SOMERSET

North Somerset Council

Welfare Provision Scheme.

Phone to make an appointment for help to complete the application if you are unable to do so online

01275 885 082

www.n-somerset.gov.uk/my-services/benefits-support/welfare-provision-scheme

Citizens Advice North Somerset

www.nscab.org.uk

Offer independent welfare benefit advice and debt advice.

0808 278 7973

North Somerset Council

Cost of living advice and guidance.

www.n-somerset.gov.uk/my-services/benefits-support/cost-living-advice-guidance

Gov.uk

Find out what support is available to help with the cost of living.

This includes income and disability benefits, bills and allowances, childcare, housing and travel.

www.gov.uk/cost-of-living
www.helpforhouseholds.campaign.gov.uk/

Food Banks

westonsupermare.foodbank.org.uk

clevedondistrict.foodbank.org.uk

If you're struggling with not having enough money to buy food, you may be able to get help from a food bank.

Food banks give food parcels to people in exchange for a voucher.



Local Food Support

A list of food banks, community larders, lunch clubs and pantries in the area.

www.n-somerset.gov.uk/my-services/benefits-support/other-benefits-support/food-support

Good Things Foundation

goodthingsfoundation.org

Providing free sim cards, mobile data and devices to people who cannot afford them.



Weston and North Somerset Disability Information and Advice Line (DIAL)

DIAL offers free, impartial and confidential information and support.

Open Tuesdays 11am - 1.30pm
and Thursdays 11am - 3pm

01934 419 426

mail@westondial.co.uk

WHAM

(Warmer Homes, Advice and Money)

Supports Bristol, B&NES and North Somerset's most vulnerable residents by giving advice on energy, money, benefits, and carrying out home repairs.

0800 082 2234

cse.org.uk