

Community Advice Centres

Centres providing advice and support locally on a range of issues including welfare benefits and debts.

BOOST Community (Barton Hill) Telephone: 0117 3041400, 07851 168153, 07516 854657
Email: boost2@wsb.org.uk

Filwood Hope

Website: filwoodhope.org
Telephone: 07712 661 241
Email: advice@filwoodhope.org

North Bristol Advice Centre

Website: northbristoladvice.org.uk
Telephone: 0117 951 5751
Minicom: 0117 952 7681
Email: team@northbristoladvice.org.uk

South Bristol Advice Service

Website: southbristoladvice.org.uk
Benefits team: 0117 985 1122
Debt team: 0117 903 8358
Email: admin@southbristoladvice.org.uk

St Pauls Advice Centre

Website: stpaulsAdvice.org.uk
Telephone: 0117 9552981
Email: info@stpaulsAdvice.org.uk

Debt Support

Business Debtline

Providing free, impartial, expert debt advice to small business owners and self-employed people.

Website: businessdebtline.org
Telephone: 0800 197 6026

Christians Against Poverty (CAP)

Offering free debt advice and other services if you are struggling with money.

Website: capuk.org
Telephone: 0800 328 0006
Email: info@capuk.org

National Debtline

Providing free, impartial, expert debt advice; helping people take control of their debts.

Website: nationaldebtline.org
Telephone: 0808 808 4000

Step Change

Offering free, independent advice to help people deal with their debts.

Website: stepchange.org
Telephone: 0800 138 1111

Talking Money

Providing debt, energy and financial advice to residents of Bristol.

Website: talkingmoney.org.uk
Telephone: 0800 121 4511
Email: mail@talkingmoney.org.uk

Energy saving advice and support

Centre for Sustainable Energy (CSE)

Providing advice on saving money on energy bills and heating your home.

Website: cse.org.uk
Telephone: 0800 082 2234
Email: home.energy@cse.org.uk

Warmer Homes, Advice and Money (WHAM)

Supporting Bristol's most vulnerable residents by giving advice on energy, money, and carrying out home repairs.

Website: cse.org.uk/my-home/advice-projects/wham-warmer-homes-advice-and-money/
Telephone: 0800 082 2234

Food support

Feeding Bristol

Community Food Support providing free or low-cost food.

Website: feedingbristol.org
Email: info@feedingbristol.org

Trussell Trust Foodbanks

Working to combat poverty and hunger. Food parcels are given in exchange for a voucher from a referring agency.

Website: trussell.org.uk
Telephone: 0808 2082138
Email: enquiries@trussell.org.uk

Government and Council support

Gov.uk

Details of cost-of-living support, including income and disability benefits, bills and allowances, childcare, housing, and travel.

Website: gov.uk/cost-of-living

The Local Crisis Prevention Fund

Financial support for basics such as food, gas, and electricity, if you have a one-off financial crisis.

Website: bristol.gov.uk/residents/benefits-and-financial-help/local-crisis-prevention-fund-emergency-payments-and-household-goods
Telephone: 0117 922 4500
Email: lcpf@bristol.gov.uk

Bristol City Council

The council website has a guide where you can find help and information to assist you in navigating rising living costs.

Website: bristol.gov.uk/residents/people-and-communities/cost-of-living-support

Technology support

Good Things Foundation

Providing free sim cards, mobile data and devices to people who cannot afford them.

Website: goodthingsfoundation.org/find-support/map
Email: hello@goodthingsfoundation.org

Health and well-being support

The Matthew Tree Project

Bristol-based charity providing person-centred support that considers individuals' wider needs, including mental health, physical health, skills, employment, housing, and finances.

Website: the-matthew-tree-project.org

Telephone: 0117 966 8071

Email: info@the-matthew-tree-project.org

Grants

National Benevolent Charity

Offering Hardship Grants to individuals who are experiencing poverty or hardship.

Website: natben.org.uk/grants-for-individuals

Email: office@natben.org.uk

We Are Bristol Helpline

Telephone helpline providing information about where to get help with benefits, food, mental health and wellbeing.

Also provides details of welcoming spaces locations.

Telephone: 0800 694 0184

Welcoming Spaces

Informal spaces open to all. Providing space to sit, socialise with others, take part in activities, and access support.

Website: bristol.gov.uk/residents/people-and-communities/welcoming-spaces/find-a-welcoming-space

Telephone: 0800 694 0184

Housing support

Shelter

National organisation offering housing advice and support.

Website: england.shelter.org.uk

Emergency helpline: 0808 800 4444

Housing Matters

Providing free specialist housing advice in Bristol.

Website: housingmatters.org.uk

Advice line: 0117 935 1260.

We Care Home Improvements

Not for profit organisation improving homes so people can live independently for as long as they wish.

Website: wecr.org.uk

Telephone: 0300 323 0700

Email: info@wecr.org.uk

Information and advice

Age UK Bristol

Providing free information and advice to people over 55 on a large range of topics, from claiming benefits to health.

Website: ageuk.org.uk/bristol

Telephone: 0117 9297573 Wednesday to Friday 10am - 1pm or

National Age UK Advice Line

0800 678 1602 8am - 7pm

Email: advice@ageukbristol.org.uk

Bristol Citizens Advice

A national charity giving advice to people on a large number of issues including housing, money, employment, benefits, and legal advice.

Website: bristolcab.org.uk

Telephone: 0808 278 7957

Textphone: 0800 144 88 84

Email: info@citizensadvicebristol.org.uk

Bristol Somali Resource Centre

Offering free and impartial advice, guidance and information on issues such as benefits, housing, employment, education, money management and consumer rights. Support is delivered in a culturally competent way, using English, Somali and Arabic as needed.

Website: somalicentre.org.uk

Telephone: 0117 907 7994

Email: info@somalicentre.co.uk

MIND

Welfare benefits line for people with mental health problems who are navigating the benefits system.

Website: mind.org.uk

Telephone: 0300 222 5782

Email: info@mind.org.uk

Money Saving Expert

Website offering help with the cost-of-living crisis including a guide about what you can do if you are struggling with energy bills and budgeting.

Website: moneysavingexpert.com

Website on debt:

moneysavingexpert.com/budgeting-debt-help

Turn2Us

Providing information to individuals facing financial hardship. By entering your details, their system can electronically search their database to connect you with relevant assistance and resources.

Website: turn2us.org.uk

WECIL

Providing advice and support to disabled people on a range of issues including benefits advice.

Website: wecil.org.uk

Telephone: 0117 947 9911

Email: hello@wecil.org.uk

Welfare Rights and Money Advice Service

Benefits and debt/money advice and casework for vulnerable people in Bristol, including those who are disabled, full-time carers, homeless or at risk of homelessness. Professional referral required for casework.

Website: bristol.gov.uk/residents/benefits-and-financial-help/welfare-rights-and-money-advice-service

Telephone: 0117 35 21888

Please note:

This is not an exhaustive list. In providing this information, the St Monica Trust is not providing recommendations for the listed organisations.