# st monica trust Charitable FOUNDATION

## Cost of living support in Bath & North East Somerset

A list of agencies who may be able to help if you're facing challenges due to the rising cost of living

## **Debt support**

### **Business Debtline**

Providing free, impartial, expert debt advice to small business owners and self-employed people. Website: businessdebtline.org/

Telephone: 0800 197 6026

### **Christians Against Poverty (CAP)**

CAP offer free debt advice and other services if you are struggling with money.

Website: capuk.org

Telephone: 0800 328 0006

Email: contact@capuk.org

### National Debtline Providing free, impar

Providing free, impartial, expert debt advice; helping people take control of their debts. Website: nationaldebtline.org Telephone: 0808 808 4000

### Step Change

Offering free, independent advice to help people deal with their debts. Website: stepchange.org

Telephone: 0800 | 38 | | | |

## **Energy saving advice**

### and support

# Centre for Sustainable Energy (CSE)

Providing advice on saving money on energy bills and heating your home.

Website: cse.org.uk

Telephone: 0800 082 2234 Email: home.energy@cse.org.uk

### **Energy at Home**

Energy saving advice and support for BANES residents.

Website: energyathome.org.uk Telephone: 0800 038 5680

### Warmer Homes, Advice and Money (WHAM)

Supporting Bristol, B&NES and North Somerset's most vulnerable residents by giving advice on energy, money, and carrying out home repairs.

Website: cse.org.uk/my-home/adviceprojects/wham-warmer-homes-adviceand-money/

Telephone: 0800 082 2234

## Food support

### **BANES** Food Finder

A list of food clubs and pantries offering affordable food or emergency food parcels.

Website: banesfoodfinder.org.uk Telephone: 0300 247 0050

### **Trussell Trust Foodbanks**

Working to combat poverty and hunger. Food parcels are given in exchange for a voucher from a referring agency.

Website: trussell.org.uk Telephone: 0808 2082138 Email: enquiries@trussell.org.uk

## **Government and Council support**

### Bath and North East Somerset Council

Resources, signposting and information related to finances and available support. **Website:** livewell.bathnes.gov.uk/cost-living-support

### Gov.uk

Details of cost-of-living support, including income and disability benefits, bills and allowances, childcare, housing, and travel.

Website: gov.uk/cost-of-living

### Welfare Support

Help for B&NES residents with basic essential items such as food and energy costs or help with certain debts.

Website: bathnes.gov.uk/apply-welfare-support

Telephone: 01225 47 72 77

Email: welfare\_support@bathnes.gov.uk

## Health and wellbeing

### support

### **Community Wellbeing Hub**

A central place to access services to improve your health and well-being. One contact to the Hub can connect you to multiple services.

#### Website:

communitywellbeinghub.co.uk/

Telephone: 0300 247 0050 Email:

BATHNES.thehub@hcrgcaregroup.com

## **Housing support**

### Housing Advice, Bath and North East Somerset Council

For anyone in B&NES threatened with homelessness or in need of housing advice.

Website: beta.bathnes.gov.uk/contactus-housing-advice

Telephone: 01225 396 296

### Shelter

Housing advice and support. Website: england.shelter.org.uk Telephone: 0808 800 4444

### We Care Home Improvements

Not for profit organisation improving homes so people can live independently for as long as they wish. Website: wecr.org.uk Telephone: 0300 3230700 Email: info@wecr.org.uk

## **Technology**

### **Good Things Foundation**

Providing free sim cards, mobile data and devices to people who cannot afford them. Search the map on the website for local support from the National Databank and the National Device Bank. Website: goodthingsfoundation.org/find-

## Information and advice

### Age UK Bath and North East Somerset

Providing free information and advice to people over 50 on a large range of topics from claiming benefits to health and wellbeing.

Website: ageuk.org.uk/bathandnortheastsomerset Telephone: 01225 466135 (option 2) National Age UK Advice Line: 0800 678 1602 8am-7pm Email: advice@ageukbanes.co.uk

### **Citizens Advice Bath & North East Somerset**

Offering free, confidential, impartial and independent advice. Website: citizensadvicebanes.org.uk Telephone: 0808 278 7897

### MIND

Welfare benefits line for people with mental health problems who are navigating the benefits system Website: mind.org.uk Telephone: 0300 222 5782 Email: info@mind.org.uk

### Money Saving Expert

Website offering help with the cost-of-living crisis including a guide about what you can do if you are struggling with energy bills and budgeting.

Website: moneysavingexpert.com

Website on debt: moneysavingexpert.com/budgeting-debthelp

### Turn2Us

Providing information to individuals facing financial hardship. By entering your details, their system can electronically search their database to connect you with relevant assistance and resources.

Website: turn2us.org.uk

### Please note:

This is not an exhaustive list. In providing this information, the St Monica Trust is not providing recommendations for the listed organisations. May 2025