

## Debt support

### Business Debtline

Providing free, impartial, expert debt advice to small business owners and self-employed people.

**Website:** [businessdebtline.org](https://businessdebtline.org)

**Telephone:** 0800 197 6026

### Christians Against Poverty (CAP)

CAP offer free debt advice and other services if you are struggling with money.

**Website:** [capuk.org](https://capuk.org)

**Telephone:** 0800 328 0006

**Email:** [contact@capuk.org](mailto:contact@capuk.org)

### National Debtline

Providing free, impartial, expert debt advice; helping people take control of their debts.

**Website:** [nationaldebtline.org](https://nationaldebtline.org)

**Telephone:** 0808 808 4000

### Step Change

Offering free, independent advice to help people deal with their debts.

**Website:** [stepchange.org](https://stepchange.org)

**Telephone:** 0800 138 1111

## Energy saving advice and support

### Centre for Sustainable Energy (CSE)

Providing advice on saving money on energy bills and heating your home.

**Website:** [cse.org.uk](https://cse.org.uk)

**Telephone:** 0800 082 2234

**Email:** [home.energy@cse.org.uk](mailto:home.energy@cse.org.uk)

### Warmer Homes, Advice and Money (WHAM)

Supporting Bristol, B&NES and North Somerset's most vulnerable residents by giving advice on energy, money, and carrying out home repairs.

**Website:** [cse.org.uk/my-home/advice-projects/wham-warmer-homes-advice-and-money/](https://cse.org.uk/my-home/advice-projects/wham-warmer-homes-advice-and-money/)

**Telephone:** 0800 082 2234

## Food support

### Local Food Support

Website providing a list of food banks, community larders, lunch clubs and pantries in the area.

**Website:** [n-somerset.gov.uk/my-services/benefits-support/other-benefits-support/food-support](https://n-somerset.gov.uk/my-services/benefits-support/other-benefits-support/food-support)

### Trussell Trust Foodbanks

Working to combat poverty and hunger. Food banks give food parcels in exchange for a voucher from a referring agency.

**Website for Weston-Super-Mare foodbank:**  
[westonsupermare.foodbank.org.uk](https://westonsupermare.foodbank.org.uk)

**Telephone for Weston-Super-Mare foodbank:** 0808 208 2138

**Website for Clevedon foodbank:** [clevedondistrict.foodbank.org.uk](https://clevedondistrict.foodbank.org.uk)

**Telephone for Clevedon foodbank:** 0344 411 1445

**Email:** [enquiries@trussell.org.uk](mailto:enquiries@trussell.org.uk)

## Government and Council support

### Gov.uk

Details of cost-of-living support, including income and disability benefits, bills and allowances, childcare, housing, and travel.

**Website:** [gov.uk/cost-of-living](https://gov.uk/cost-of-living)

### North Somerset Council

Providing links to local cost-of-living advice and guidance.

**Website:** [n-somerset.gov.uk/my-services/benefits-support/cost-living-advice-guidance](https://n-somerset.gov.uk/my-services/benefits-support/cost-living-advice-guidance)

### North Somerset Council

#### Welfare Provision Scheme

Providing short-term financial help in a crisis. Phone to make an appointment for help to complete the application if you are unable to do so online.

**Website:** [n-somerset.gov.uk/my-services/benefits-support/welfare-provision-scheme](https://n-somerset.gov.uk/my-services/benefits-support/welfare-provision-scheme)

**Telephone:** 01275 885 082

## Health and wellbeing support

### Community Living Rooms

Offering safe, welcoming community spaces in North Somerset to help keep you warm.

**Website:** [n-somerset.gov.uk/my-services/north-somerset-together/community-living-rooms-north-somerset](https://n-somerset.gov.uk/my-services/north-somerset-together/community-living-rooms-north-somerset)

## Housing support

### Shelter

National organisation offering housing advice and support.

**Website:** [england.shelter.org.uk](https://england.shelter.org.uk)

**Telephone:** 0808 800 4444

### We Care Home Improvements

Not for profit organisation improving homes so people can live independently for as long as they wish.

**Website:** [wecr.org.uk](https://wecr.org.uk)

**Telephone:** 0300 323 0700

**Email:** [info@wecr.org.uk](mailto:info@wecr.org.uk)

## Technology

### Good Things Foundation

Providing free sim cards, mobile data and devices to people who cannot afford them. Search the map on the website for local support from the National Databank and the National Device Bank.

**Website:** [goodthingsfoundation.org/find-support/map](https://goodthingsfoundation.org/find-support/map)

**Telephone:** 0114 349 1666

**Email:** [hello@goodthingsfoundation.org](mailto:hello@goodthingsfoundation.org)

## Information and advice

### Age UK Somerset

Providing a free information and advice service to people over 60, and family members supporting them, covering a large range of topics including debt management and claiming benefits.

**Website:** [ageuk.org.uk/somerset](https://ageuk.org.uk/somerset)

**Telephone:** 01823 345613

### National Age UK Advice Line:

0800 678 1602 8am-7pm

### Email:

[infoandadvice@ageuksomerset.org.uk](mailto:infoandadvice@ageuksomerset.org.uk)

### Citizens Advice North Somerset

Offering free independent advice on a range of issues including welfare benefits and debt.

**Website:** [nscab.org.uk](https://nscab.org.uk)

**Telephone:** 0808 278 7973

### MIND

Welfare benefits line for people with mental health problems who are navigating the benefits system.

**Website:** [mind.org.uk](https://mind.org.uk)

**Telephone:** 0300 222 5782

**Email:** [info@mind.org.uk](mailto:info@mind.org.uk)

### Money Saving Expert

Website offering help with the cost-of-living crisis including a guide about what you can do if you are struggling with energy bills and budgeting.

**Website:** [moneysavingexpert.com](https://moneysavingexpert.com)

### Website on debt:

[moneysavingexpert.com/budgeting-debt-help](https://moneysavingexpert.com/budgeting-debt-help)

### Turn2Us

Providing information to individuals facing financial hardship. By entering your details, their system can electronically search their database to connect you with relevant assistance and resources.

**Website:** [turn2us.org.uk](https://turn2us.org.uk)

### Weston and North Somerset Disability Information and Advice Line (DIAL)

A voluntary organisation offering free, impartial and confidential information and support to people with disabilities and their carers. DIAL can help by giving detailed advice and information on a range of subjects including access, benefits, aids, education, holidays, housing, transport, blue badges, and more.

Open Tuesdays 11am - 1.30pm and Thursdays 11am - 3pm.

**Telephone:** 01934 419 426

**Email:** [mail@westondial.co.uk](mailto:mail@westondial.co.uk)

## Please note:

This is not an exhaustive list. In providing this information, the St Monica Trust is not providing recommendations for the listed organisations.

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