



Supporting individuals in crisis through short-term grants

The St Monica Trust Charitable Giving team provides short-term grants to help people to live independently in their own communities for as long as possible.

Short-term grants support people through financial crisis or help towards funding essential items.

If you or someone you know meet the following criteria we may be able to help:

- Have a physical disability, long-term physical health problem, or mental health problem

- Live in Bristol, South Gloucestershire, North Somerset or Bath & North East Somerset
- Are aged 50 or over

You have supported people we have referred when they literally have no one else to turn to and have impacted their life in such a positive way, it's nothing short of a miracle to them.

If you have any questions or require the form in an alternative format, please contact the Charitable Giving team on **0117 949 4003** or email **charitableimpact@stmonicastrust.org.uk** and the team will be happy to assist.

