

ST MONICA TRUST

### LUXURIOUS SURROUNDINGS WITH PERSONALISED CARE

KEYNSHAM, BETWEEN BRISTOL AND BATH





### Designed with you in mind

Charterhouse is thoughtfully designed to ensure you receive dignified care that promotes your independence and enables you to live your life the way you want.



Elegantly styled communal spaces provide a place for socialising or quiet relaxation, while large kitchen and dining areas provide opportunities for enjoying good food and good company.

Roof gardens with water features create beautiful sanctuaries for you to explore. Furthermore, there are sheltered areas on every floor so that you can spend time outdoors, no matter what the weather.

We're passionate about your care and well-being. Our dedicated team of carers provide a personalised service for those in need of:

- Long term nursing
- Dementia care
- Respite care
- Rehabilitation care
- Palliative care
- Residential living



24 hour care



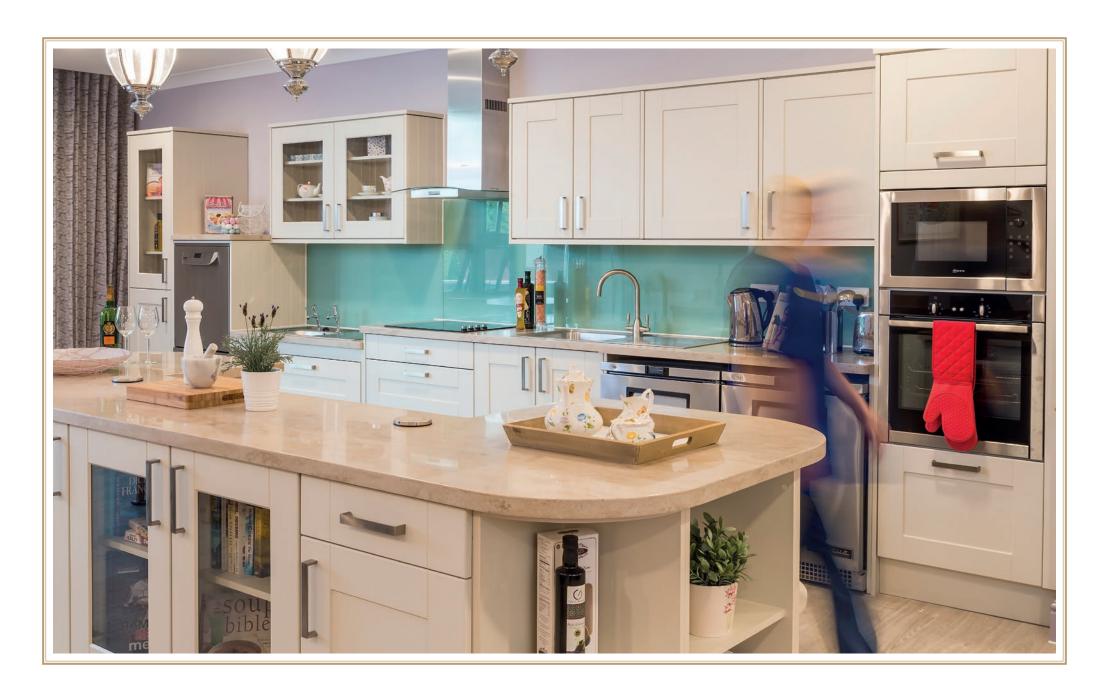
Physiotherapy



Large private suites



Private terraces and roof garden





### The heart of the community

Set in the beautiful countryside between Bristol and Bath and originally the home of Fry's Chocolate, The Chocolate Quarter is a vibrant community where residents enjoy a first rate lifestyle with a wealth of amenities. As a Charterhouse resident, you are invited to enjoy these facilities too.



From fine dining at the restaurant to pampering at the spa, everything is close at hand. Our care team will support and encourage you to join in with as much as possible, so that you always feel part of your wider surroundings.



Cinema



Restaurant



Café



Barber shop



Hair salon



Nail salon



Gym



Swimming pool



GP surgery



Physiotherapy

# Living in style

Every day at Charterhouse will be as comfortable as your first. Upon arrival, you will be welcomed into a calm and friendly environment and shown to your own personal suite, specified to the highest standards to ensure your comfort.



Full height windows bathe the rooms in natural light and show off their generous proportions. Each beautifully decorated suite is completed with furnishings which can be adapted to suit your personal taste.

Innovative design features make every day that little bit easier, such as motion sensors which turn on low-level lighting in the en-suite if you get up in the night. There's also the mattress that can be finely tuned for a perfect fit to ensure you get the best night's sleep.



Large private suites



Air conditioning



₩i-Fi



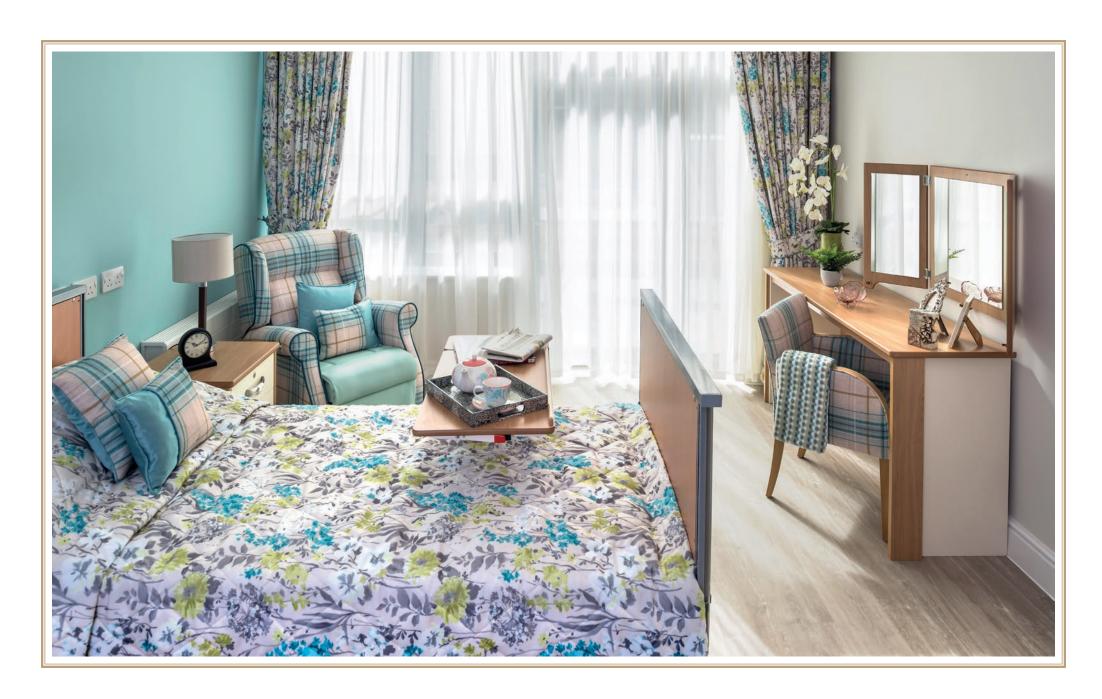
In-room dining



En-suite



Full height windows





### Our care

We are passionate about your comfort and what matters to you. We will take the time to get to know you and understand what you want. That way everything is done just how you like it. Our multi-skilled carers are supported by registered nurses to tailor the highest standard of care exactly to your needs.





Our in-house training team ensure that all our staff meet the St Monica Trust standards. You can be assured of the quality of care they provide and that they share our values.

The latest care technology has been discreetly incorporated into the fabric of Charterhouse. Innovations such as acoustic monitoring, combined with the latest call systems, work behind the scenes so that you can maintain your independence.

Because Charterhouse is part of the wider Chocolate Quarter, you can take advantage of all the other facilities within the community. This includes the on-site GP, the physiotherapy treatment rooms, swimming pool and spa.

# Making every day fun

Interesting pastimes are central to life at Charterhouse and there is plenty to get involved in. From gardening and excursions to musical sing-alongs, we will ensure there is something for you to do every day. If there's an activity you have in mind, or if you'd like to try something new, just let us know.



Whilst all residents are encouraged to socialise, we understand that your interests extend beyond simply activities. We want to make sure you stay connected with what matters to you. Tablet computers and Wi-Fi across the site mean that you can stay in touch with the wider world via the internet, and message or video call friends and relatives at any time.



Arts and crafts room



Private terraces and roof garden



Swimming pool



Cinema



Tablet computers



Wi-Fi



Outings





### Catering to your taste

Dining at Charterhouse is about much more than good food. Comfortable kitchens and dining areas mean that eating becomes a social occasion where residents can enjoy good food and great company.



Packed with quality, nutritious ingredients our appetising meals always look as good as they taste. Our menu options change throughout the seasons and can be adapted to suit any dietary requirements.

For a change of scenery, B Block Café within The Chocolate Quarter is a great place to meet family and friends. Open daily, B Block serves a wide range of food and drink, including proper barista coffee.

### Our care services

Everyone's needs are different and at Charterhouse we've tailored a range of options for care that is built around individual needs. That's one of the reasons why we've gained national recognition for high quality personalised care – and for the design of our accommodation.

#### **Nursing care**

Over the years, we've learned how to work with individuals and their families to create care plans that carefully balance support alongside independent living, so that you maintain the freedom to make your own choices. That way you can be certain that we'll do all we can to ensure you get the best out of life every day.

#### Dementia care

We believe that a key part of creating sensitive and pleasant environments for people who are living with dementia is the quality of the relationships that we build. By taking the time to really get to know people – their histories, their stories – we're able to respond sensitively, provide reassurance and encourage people to continue enjoying life.

#### Respite care

Some people come to us for short periods of up to six weeks and because rooms can be booked in advance, you get to choose when you'd like to check in and check out. You can also take advantage of the restaurant and other facilities, or simply enjoy the peace and quiet of your own surroundings with staff on hand 24 hours a day.

#### Rehabilitation

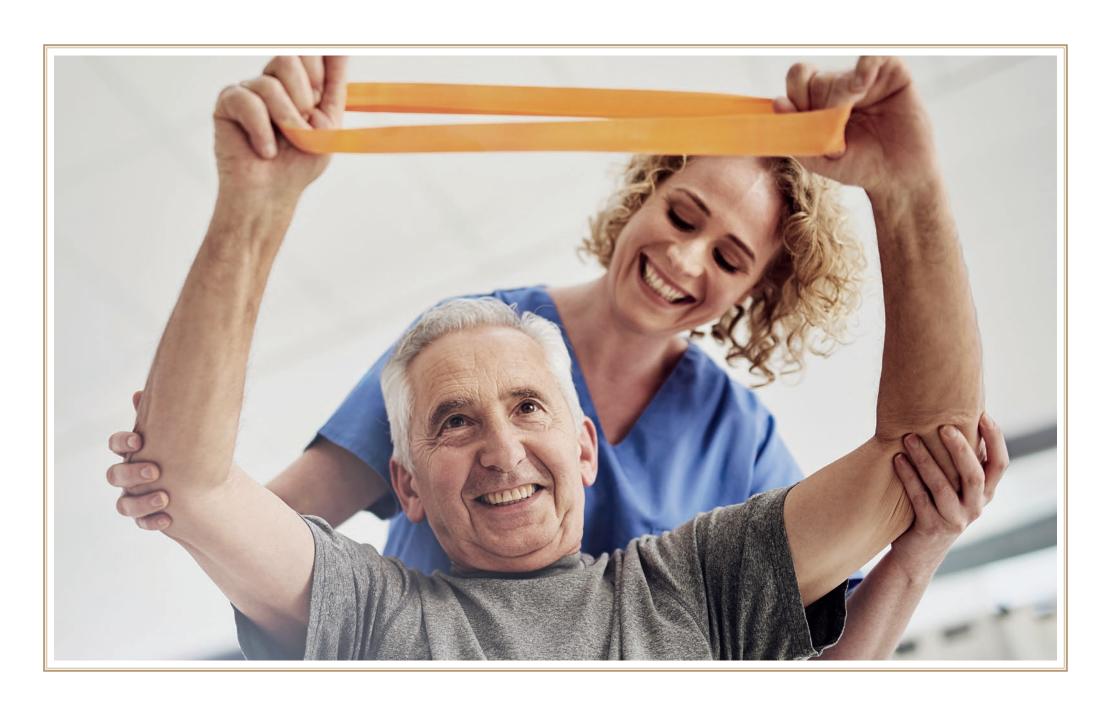
For those who want to get home as quickly as possible after a spell in hospital, Charterhouse is the perfect place to help you recover. Our team are experienced at helping you every step of the way and we know how to create restorative care plans, built around you. Using our fully equipped physiotherapy treatment rooms, combined with the expertise of our team of professionals, we'll help you to get back to your best.

#### **End-of-life care**

We're recognised for providing sensitive and attentive palliative care, which encompasses all aspects of your physical, spiritual and emotional well-being. With an emphasis on working with both you and your loved ones, our highly trained staff are skilled at establishing meaningful relationships to make sure you're as comfortable as possible.

#### **Residential living**

Some people still want the assistance and security that comes from living in a care home despite not needing nursing care. Charterhouse is an ideal location - our friendly team provide personal and practical support to make it easy for you to continue enjoying your life the way you want.



### Come and see for yourself

We'd love to show you more and our team are always on hand to help.

To ask any questions, arrange a viewing or for more information, please call the Admissions team on **0117 949 4735** or email **carehomes@stmonicatrust.org.uk**.

#### **Costs and funding**

The St Monica Trust has a policy of openness with regard to our fee structure and full details of our care costs are available upon request.

#### About us

The St Monica Trust is a Bristol-based Charity with a reputation for providing high quality accommodation and innovative care for older and disabled people. Established by the Wills family in 1925, we have retirement communities and care homes across Bristol and North Somerset.

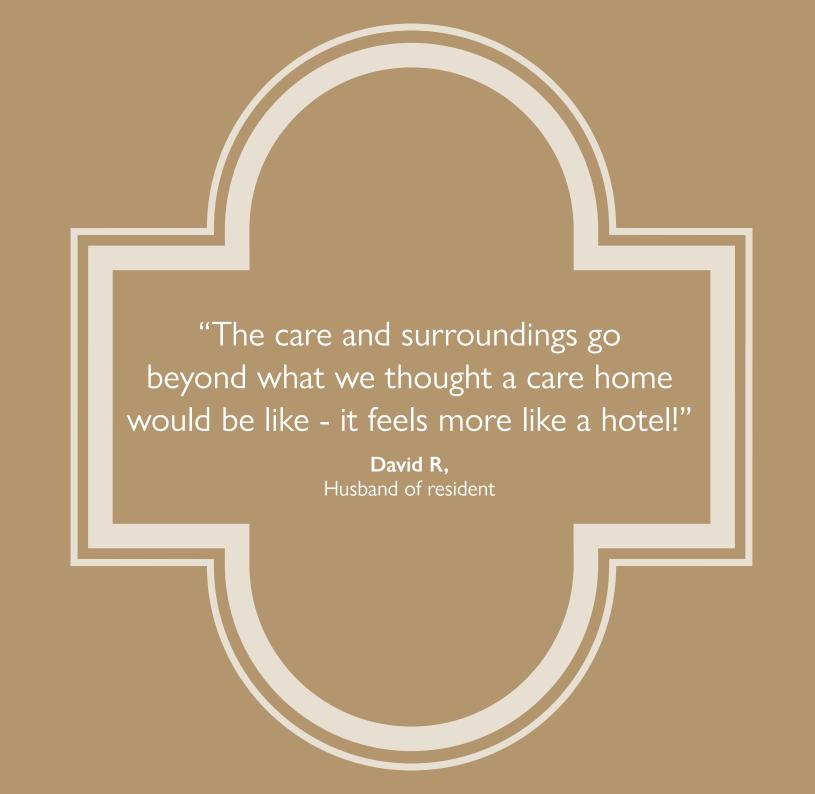
The Trust employs over 1,200 staff to ensure that we give the best support to more than 1,000 people.

#### Charterhouse

The Chocolate Quarter, Trajectus Way, Keynsham, Bristol BS31 2GL

#### www.stmonicatrust.org.uk

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