

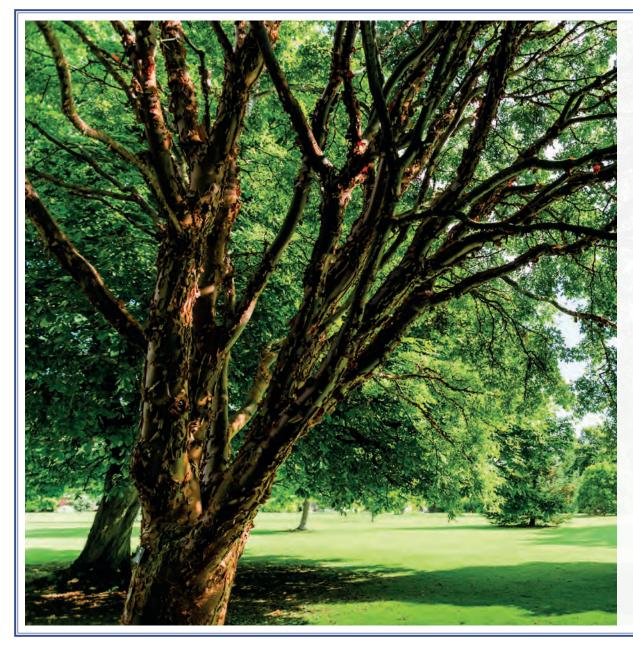
# Cote Lane

### ST MONICA TRUST

### A RETIREMENT VILLAGE SET WITHIN BEAUTIFUL GARDENS AND EXTENSIVE PARKLAND

"Beautiful homes and the gardens are perfect. Lots of space and very well kept"

"Caring and helping the retired generations in every way"



### Welcome to Cote Lane

Enjoying an enviable location overlooking Durdham Downs in Bristol, is the Cote Lane retirement village. Boasting extensive gardens and magnificent historic buildings, this is truly a stunning place to retire.

Choose from the classical beauty of converted Grade II listed buildings or stylish contemporary apartments within the twelve acre grounds.

## Our approach

Across all of the Trust's retirement villages and care homes we are committed to communities where older people flourish. For us this means providing opportunities for our residents to enjoy treasured relationships, exercise choice and feel valued. We call these our three Cs - Connection, Contribution and Choice.



#### A not-for-profit organisation

We are proud of our charitable status. It allows us to devote ourselves to our communities and residents rather than to shareholders. This means that people from many different backgrounds can access and benefit from what we do.

#### What makes us different

Our aim is to achieve the highest standards in all that we do. Aside from offering purpose-built accommodation, you can enjoy great food in our restaurants, an interesting selection of activities and superb service from any member of our team. With St Monica Trust you can look forward to retirement safe in the knowledge that all the essential details will have been taken care of.

Should your needs change in the future, our expertise in care provision means we can offer you a range of support services. Depending on your requirements, our care and support team can provide varying levels of assistance within your home. And should you want more involved care, our nursing homes provide professional, personalised care in sensitive and supportive environments.





### Proud to call home

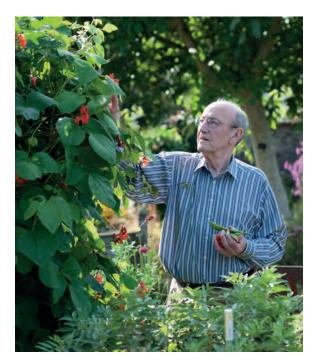
With the backdrop of Oatley House and the beautiful parkland and gardens, Cote Lane is somewhere you'll be proud to call home.

Across Cote Lane there are a selection of purpose-built one and two bedroom apartments. Enjoy the classical beauty of the converted Grade II listed buildings of Oatley House or St Monica Court, or stylish contemporary apartments in the newer buildings of Willowpool and Westfield House.

Whether it's a property overlooking the croquet lawn; proximity to the activity centres, lounges or restaurants, or wide panoramic views across Bristol to the coast, you can be sure you'll find an apartment that suits your lifestyle and needs.

Each self-contained apartment has been created to blend practicality with ease of living. Well-proportioned kitchens and lounges are perfect for relaxing or entertaining family and friends; whilst spacious bedrooms offer the perfect environment for a good night's rest. Apartments are refurbished before becoming available and are sold unfurnished, so you can still enjoy your favourite armchair or comfortable bed. After all, it's your apartment and your space to call home.

Apartments at Cote Lane are available either via the Trust's leasehold purchase scheme or on a monthly rental basis. For full details, including any additional charges and fees, please talk to our sales team or refer to the Key Fact documents either accompanying this brochure or available from our website: www.stmonicatrust.org.uk.



# Village Life

There's so much more to living in a retirement village than just your apartment. Step outside your front door and you will find a friendly, welcoming community enjoying a diverse programme of activities and entertainment.

Staying active and engaged in retirement has positive impacts on both body and mind, keeping you happier and healthy. So what better way to start the day than with a morning swim in the enticing waters of the pool in Oatley House? After that, there's fitness classes, a fully equipped gym, arts and crafts rooms, resident lounges and plenty more to keep you active through the day. Unleash your creativity in the art studio, join a walking group or forge new friendships at special social gatherings and excursions - organised by fellow residents or the village engagement co-ordinator.

Outdoors you can enjoy some friendly competition on the croquet lawn or find a quiet place to relax in the scented garden. The beautifully landscaped gardens at Cote Lane are a joy to explore. Take a stroll along meandering paths and discover over twenty rare species of trees or spot one of the many nesting birds. For the keen gardener, raised bed allotments are available so you can grow and tend to your own flowers and vegetables.

The main hall in Oatley House is the venue for a wide variety of larger social gatherings. Its giant screen is the backdrop for cinema clubs and matinee films, whilst the stage is home to concert performances and theatre. Throughout the year, the hall is also the place to enjoy a night out at resident parties and celebrations.

Away from the activities, entertainment and social gatherings, there are also resident groups and village councils so you can have your say and become involved with the running of the village community.







### Passionate about food

Our chefs are passionate about the delicious meals they create and serve on a daily basis. Their strong belief in the importance of nutritious, interesting and varied menus can be experienced in the restaurants across Cote Lane.

If you don't fancy cooking in your own apartment, then why not treat yourself to a meal in one of the restaurants? The restaurants are also a great place to enjoy a drink and some light bites with family and friends. All restaurants are licensed so you can enjoy a nice glass or two of your favourite tipple to accompany your meal.

The catering team are very happy to accommodate individual requests and work closely with residents to create the menus. If you would like to enjoy a meal with family or friends, this can be easily arranged, And should you have a special occasion you wish to celebrate in style, let the team know and they'll be happy to work with you to ensure the event is a success.



### Getting out and about

Overlooking the beautiful and unspoilt trees and grasslands of Durdham Downs, Cote Lane offers a calm haven away from city life. And yet, take a short stroll and you're once again back in the hustle and bustle of leafy suburban communities.



Close to Cote Lane, the village suburbs of Henleaze and Westbury-on-Trym each have an excellent selection of shops, cafés, bars and restaurants. For a larger selection of stores including many well-known high street favourites, Bristol's regional shopping centre, The Mall at Cribbs Causeway, is also within easy reach.

A ten minute drive from Cote Lane and you're in the vibrant and cultural centre of Bristol itself. Famous for its historic harbourside, museums, art galleries, theatres, music and festivals. Bristol is also a renowned for its excellent, multicultural food scene, with restaurants catering for every type of taste imaginable. Whether it's shopping for a special gift; trying a new restaurant; exploring the harbourside, or enjoying a night of music or theatre, Bristol has its own, unique unmistakable identity.

Cote Lane has excellent transport links with buses stopping right outside which will take you directly into the heart of the city or to the regional shopping centre at Cribbs Causeway. For travel further afield the motorway network is just 4 miles away, offering easy access to the Midlands, London, the South West and Wales. Trains to all parts of the UK run from the mainline train station at Bristol Temple Meads. And for travel to Europe and beyond, Bristol International Airport is 10 miles from Cote Lane to the south of the city.



#### THIRTEEN

## Spiritual well-being

Cote Lane was the founding site of the St Monica Trust when it was formed in 1920. The brainchild of Mary Monica Wills who wanted to create a rest home for older people with a 'splendid and very beautiful chapel' at its heart. That chapel is the magnificent St Augustine's which is the focal point for spirituality at Cote Lane.

Spiritual well-being is important for many residents and is supported by St Monica Trust's own chaplain and pastoral care team. Available for all, regardless of faith, belief or religion, the team arrange opportunities for regular worship. Together with the village manager and village engagement co-ordinator, they play a pivotal role within village life ensuring everybody's well-being is being enriched and nurtured.

The pastoral care team can also offer emotional support during difficult or challenging times – listening, comforting and supporting both residents and their family members.



### Safe, secure and stress-free

Everything at Cote Lane is designed to make enjoying life as easy as possible. Relax and focus on what matters to you, knowing there are a host of services available to help eliminate the stresses and strains of everyday life.

#### Safe and sound

One of the key benefits of living in a retirement village is the feeling of security. Door entry systems, CCTV and staff on-site 24 hours a day all help to make everyone feel safe and secure. If you're away from your home these same systems will give you peace of mind as you enjoy a holiday or visit family. Every apartment is also fitted with a discreet emergency call system to give residents peace of mind on a daily basis.

#### Clean and tidy

Our team of housekeepers can clean your home for you and if you'd like your laundry done, we can take care of that too. An hour of housekeeping is included each week, but additional help is available if required at extra cost.



#### Inside and out

Our estates team ensure Cote Lane remains immaculate and well-maintained. Should you encounter any problems within your apartment these can be easily notified so repairs can take place. And if you'd like help with any odd jobs around the home such as fixing shelves, hanging pictures or moving large deliveries just let the team know. The gardening team takes pride in all the outside spaces, ensuring the flowerbeds, parklands and gardens of Cote Lane look their best throughout each season of the year..

Please note: some services may incur additional charges.

## A caring and supportive community

Staying independent in later life is important for everyone, but there may be occasions when you need a little help and assistance around the home. And if a time comes when longer-term care is required, you'll be reassured to know there is a care home as part of the wider village complex at Cote Lane.

#### Care and support

Whether it's helping around your home or more complex needs, our village care and support team offer a flexible service, tailored to your exact requirements. And because we train and look after our own staff you can be sure your carer is friendly, dedicated and experienced.

#### Nursing and dementia care

Cote Lane boasts a range of care facilities on-site at Garden House, where life is truly celebrated and the staff are dedicated to creating a life affirming atmosphere for all residents. Within the care home, general nursing care is available in the Cedars, Juniper, Oaks and Maples, whilst Sundials offers specialist care for people living with dementia.

Please note: some services may incur additional charges.



### A site steeped in history

The foundation and vision of St Monica Trust dates back to a conversation around a family sundial in Wrington, North Somerset. It was here that Mary Monica Wills first spoke of her desire to buy a small rest home for 'five or six missionary friends'.



That was in 1911 and over the ensuing years, Mary's original idea grew in scale.

Unfortunately the First World War slowed progress, but in 1919 Mary's husband, Henry Wills, identified the Cote House estate, in Westbury, as the perfect site for the home. Following its purchase the area was cleared and building work began. Being a committed High Church Anglican, Mary was determined that a 'splendid and very beautiful chapel' should be at the heart of the development. Priority was given to the building of the new chapel and the foundation stone was laid on St Monica's Day, May 4, 1920. Five years later, in 1925, the St Monica Home of Rest was completed.

Fast forward a century and Mary's vision has grown into the modern St Monica Trust we see today. Passionate about helping older people enjoy the best experience of ageing.

A replica of the Wills' family sundial, around which those first conversations took place, sits in the scented garden at Cote Lane. It is inscribed with the Wills' family motto: 'tempus fugit, caritas manet' (time flies, love remains). A beautiful sentiment that is as true to the Trust today as it was back then.

#### SEVENTEEN

### Come and find out more

We'd love to tell you more about Cote Lane and our sales teams are available to answer any questions. They also run regular tours so you can explore the apartments and experience village life for yourself.

To find out more please call **0117 949 4004**, email **sales.team@stmonicatrust.org.uk** or visit **www.stmonicatrust.org.uk** 

Facebook @stmonicatrust

Twitter @St\_Monica\_Trust

#### Cote Lane Retirement Village

Cote Lane, Westbury-on-Trym, Bristol, BS9 3UN

#### Head office

St Monica Trust Cote Lane, Westbury-on-Trym, Bristol, BS9 3UN

#### www.stmonicatrust.org.uk

Registered charity number 202151 5/24 | 250

Some featured images may be from a variety of St Monica Trust sites.

#### EIGHTEEN

"Spacious apartments, with lovely views"

"Lovely peaceful place... excellent facilities"



### St Monica Trust

# To book a tour or find out more call 0117 949 4004





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