



# John Wills House

ST MONICA TRUST

PERSONALISED CARE WITHIN AN  
ATMOSPHERE OF WARMTH AND KINDNESS



“The care I receive is first class.  
Nothing is too much for the staff”

“I can relax knowing mum is safe and being  
looked after by kind and caring staff”

“I would describe this home  
as doubly excellent!”



## Welcome to John Wills House

You'll notice a distinctive atmosphere of warmth and kindness at John Wills House, where our experienced teams are dedicated to ensuring the very best care is built around everyone's individual needs and personal preferences.

This feeling of warmth, kindness and dedication can be best expressed by the inscription that greets every visitor to John Wills House. Stencilled on the wall by our staff it simply says:

*"Our residents do not live in our workplace, we work in their home".*

# The Willows, The Orchards and The Beeches

John Wills House is set within the beautiful grounds of the Westbury Fields retirement village. Located in the leafy suburbs of north Bristol, John Wills House is ideally positioned for peace and tranquility, yet it's only a short distance from the open parklands of The Downs and the vibrant centre of Bristol.

John Wills House is really three care homes rolled into one. The Willows provides general nursing care, whilst The Orchards offers specialist care for people living with dementia. Finally The Beeches offers short-term respite and rehabilitation care.

Although the types of care differ across the three units, the underlying principles of how this is delivered do not. Each unit brings you high quality care, tailored to your individual needs. It's our job to get to know you and find out what's important to you so that we can make your stay with us as fulfilling as possible. In short, to make John Wills House your home.











# The highest levels of personalised care

Everyone's needs are different and at John Wills House we can offer a range of care options built around the individual needs of each resident. That's one of the reasons why we've gained a national reputation and won multiple awards for the high quality personalised care we provide.

## **The Willows**

The skilled nursing teams of The Willows provide 24-hour general needs nursing care. They take the time to work with individuals and family members to create care plans that carefully balance support with the freedom and security required so every resident can enjoy life to the full at John Wills House.

All residents of The Willows have access to the wider facilities available at Westbury Fields. Take a stroll around the cricket pitch which lies at the heart of the community, enjoy one of the many organised activities and trips, or invite family and friends for a meal at the on-site licensed restaurant. Everyone is welcome and that means the family pet too.

## **The Orchards**

Staff at The Orchards are specially trained to care for people living with dementia. Within a sensitive, calm and secure environment they enjoy really getting to know residents – their lives, histories and stories. This understanding allows us to offer personalised care in a sensitive and meaningful way – providing reassurance, encouragement and positivity to help everyone enjoy life the very best way they can.

The Orchards has a secluded garden with raised flowerbeds, a water feature, seating and a circular pathway. Inside there is a residents' lounge, quiet room and café-style dining area with its own kitchen.

## **The Beeches**

Specialist short-term care is available at The Beeches, where friendly and experienced healthcare professionals are dedicated to tailoring care plans and packages to suit the individual needs of every resident. These rooms can be booked in advance so you can plan short spells of personalised care or periods of rehabilitation following time in hospital. Even though these are short stays, residents of The Beeches are encouraged to enjoy the wider facilities and activities on offer at Westbury Fields.

# Daily life at John Wills House

We are dedicated to welcoming everyone into the family setting of John Wills House. Creating a comfortable, fulfilling and enjoyable environment is an important part of the care and support we give.

*"Our  
Residents  
do not live in our  
Workplace  
we work in their  
Home"*

All residents are encouraged to socialise, join in activities and fill their days with smiles and laughter. Resident lounges are focal points for the activities or the place to go for a chat over a cup of coffee and piece of cake. There are also quieter areas within John Wills House for those times when you just want to relax with the newspaper or a good book.

When the weather allows, residents are welcome to sit in the gardens, enjoy outdoor activities or watch the local cricket team whose pitch is central within the wider Westbury Fields site.

Visitors are welcome at any time and many enjoy taking part in the social events and activities. Residents wishing to share a meal with guests are welcome to dine within the care home or they can use The Cricketers Café which is next door to John Wills House.

And when you retire to the comfort of your own private room, enjoy spacious accommodation with en-suite facilities. Your room is your own space, so please feel free to bring in personal items to make it really feel like home. Treasured family photographs, paintings and ornaments all help to make your space your own.





# Days of smiles and laughter

Filling your days with fun and enjoyment is central to life at John Wills House. Activity programmes are carefully planned with resident's hobbies and interests in mind. But that's not to say there isn't also the opportunity to try something different.

A wide range of activities are available to stimulate your mind, body and spirit. Get creative in an art class, enjoy dancing or take your seat and be entertained by a wide variety of visiting musicians, groups and singers. Other activities available include gardening, cookery, film screenings, games and exercise classes. Regular excursions are also offered to local attractions, places of interest or just to enjoy a day's shopping.



It's important for activities to be fulfilling and purposeful so residents in an art class may be creating artwork or decorations for celebrations in the lounges; whilst others may be baking cakes for a charity sale or the village fete held on the cricket pitch adjacent to John Wills House.

There's always something going on at John Wills House, but if there's a particular activity you have in mind or if you want to try something new just let us know.



# Passionate about food

“The food is very good... too good in fact, look at my waistline!” It’s great to hear residents enjoy the catering at John Wills House as we take great pride in serving delicious and nutritious meals.

Dining is a social occasion when residents can come together to enjoy a selection of great tasting meals, packed with quality nutritious ingredients. Different menu options are available at each meal, and all dietary requirements can be catered for. Snacks are available between meals if you’re feeling peckish and the drink stations will help keep you hydrated throughout the day. Outside space is also available for al fresco dining on warm summer days.

Although residents enjoy coming together for meals, there may be times when you wish to eat in the privacy of your room. If you do choose to eat in your room, we’ll ensure your meal is served just how you like it and at a time to suit you.

The Cricketers Café is located next to John Wills House and welcomes all visitors. Serving a wide selection of food and drinks, it is the perfect place for residents to enjoy quality time with their family and friends.





# Support and well-being for all

To complement the personalised care plans at John Wills House, there is a range of other facilities offering support and well-being for all residents.

## **Podiatry**

In later life, it's important to take good care of your feet. This lowers the risk of having a fall as well as relieving pain and helping to keep you mobile. All residents at John Wills House have regular access to an on-site podiatrist included as part of their care and support plans.

## **Therapy team**

John Wills House has its own physiotherapy and occupational therapy department. Here our teams of experienced chartered physiotherapists and their assistants offer intensive sessions to help residents maintain their health, well-being, functional ability and independence. Treatments and services include exercise programmes, rehabilitation, reablement, manual therapy and mobility.

## **Hairdressing salon**

Our appearance can play a big part in who we are and how we feel. So to help maintain your individuality, John Wills House has its own fully equipped hairdressing salon. Our hairdressers will happily discuss how you like having your hair – or maybe it's time to try that new look you've always fancied?

## **Emotional and spiritual well-being**

Emotional and spiritual well-being is supported by the St Monica Trust's own chaplain and pastoral care team. Available for all, regardless of faith, belief or religion, the team arrange opportunities for regular worship and occasions to enrich and nurture spiritual well-being.

When times are challenging or if you'd just like to talk, pastoral care will be there to listen, comfort

and provide support for both residents and their family members. If you'd like to discuss your final wishes, the team are able to help ensure your life is celebrated in the way you'd like.

## **Administration team**

This team ensures everything runs smoothly at John Wills House. Whether it's our receptionists, cleaners, catering staff, porters, estates team, care executives or administration managers, we simply couldn't operate without them. However, rather than just being a hidden workforce, operating behind the scenes, they have lots of contact with residents, their friends and family members. Being able to build these relationships helps create a family atmosphere within the home. One where people know, understand and support each other; share experiences and enjoy life moments together.

# Westbury Fields – a caring community

John Wills House is set within the Westbury Fields retirement village. As with many villages across the country, life at Westbury Fields revolves around its picturesque village green where cricket has been played every summer since 1935.

Residents of the village live in a variety of apartments tastefully located throughout the beautifully landscaped site. Westbury Fields is a friendly and welcoming community where residents regularly get together to enjoy a wide variety of activities, events and trips. Invitations for which are often extended to residents at John Wills House, which helps Westbury Fields maintain its vibrant and inclusive community spirit.



# Come see for yourself

We know this brochure can only offer a short introduction to John Wills House. That's why we'd love to show you more. Our team is available to answer any questions you may have. Or why not arrange a time to visit us so you can really get a feeling of life at John Wills House? Please call the admissions team on 0117 949 4735 or email [carehomes@stmonicastrust.org.uk](mailto:carehomes@stmonicastrust.org.uk)

## **Costs and funding**

The St Monica Trust has a policy of openness with regard to our fee structure and full details of our care costs are available upon request.

## **About us**

The St Monica Trust is a Bristol-based charity with a reputation for providing high quality accommodation and innovative care for older people. Founded by the philanthropy of the Wills family and built upon an Anglican foundation, we have retirement communities and care homes across Bristol and North Somerset.


## **John Wills House**

Jessop Crescent, Westbury Fields,  
Westbury-on-Trym, Bristol, BS10 6TU

**[www.stmonicastrust.org.uk](http://www.stmonicastrust.org.uk)**

*Registered charity number 202151  
9/25 | 200*





“The staff are fantastic, friendly  
and very caring to the residents.  
They have an extremely caring  
attitude and a strong commitment  
to their work”



St Monica Trust

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To book a tour or find out more call  
**0117 949 4735**

